



**vanaprastha**  
refresh you. refresh life.

**To Lure Families and Childrens from the Indoors to the Great Wilderness  
Nature - The Earliest Known Entertainment to Man :**

At Vanaprasatha, We've recreated the magic of the wild right in the city, located just 20 kms from coimbatore. Vanaprastha was founded based on one vision. Vanaprastha offers the best of wellness and entertainment for all age groups in pure Air Zone.

**Experiential Learning**



**Obstacle Course** - Improve your confident levels by climbing up the ladders and hanging on the ropes perfectly engineered just for the adventurer in you.



**Wall Climbing** - A 30 metre long inclined wall with studs fixed that lets you test your physical limits.



**Fox Den** - A long den shaped arrangement, where the kids have to crawl to reach the other end of the cave.



**Jungle Walk to Spot Butterflies and Birds** - We have made a small path way through the dense trees, inside our own campus. We take for a small walk for 1 km, where they can spot various birds, their nests and butterflies. There are numerous varieties of birds, which are not to be found in most part of the city can be spotted here.



**Trekking** - A good start is a half well down. An early morning walk into the 'Palamalal Hills', Which will make your day different from all the other days. The trek willcheck your sustainability and reaffirm your stength.



**Cross Country Bicycling** - A 400 meters off road track with a lot of ups and downs, designed by professional cyclists. The very look of it will boost the enthusiasm in you. Branded gear cycles with riding accessories are avallible.



**Wonders of Nature** - A small class about wonders of nature, starting from where it all began. To open up the kids mind towards nature, which will make him responsible to every resource available.



## Experiential Learning



**Explore The Inner You** - Find the peace and tranquility to dive deep into the chasms of your true inner self, discover your calling and celebrate nature with Vanaprastha's enriching yoga and Meditation programs.



**Mind Gym** - Some play activities which will help the kid to self-analyse.



**Archery** - An Archery set up is also made, to train the kids. Archery helps to improve the concentration of the kids.



**Air Rifle** - Rifle shooting practise will be given to kids to improve concentration and focus



**Kite Flying** - We give hands on experience on kite making and flying

## Vanaprastha Facilitate



**Camp Fire** - What is been long forgotten is to spend some time with the people around us and to let the human in us out. So here along with the warmth of the fire that is being set we also let you speak out to the silent hills.



**Tent Camping**



**Air Quality** - Ambient Air Quality Monitored and Certified as purest air zone

## Near by Attraction



**Cave Painting** - Cave Painting @ Palamalai Temple Hills.

Why Settle with Four Walls  
when there's a whole Wide  
World out there?



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